

PECO Cross Country League 2022-23: Race 1 (Middleton Park)

Senior Men's Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	2379	Douglas	Benjamin	Hyde Park Harriers	MSEN	26:25	1	Y	
2	3210	Beresford	Frank	Valley Striders AC	MSEN	26:28	2		
3	2074	Roden	Freddie	Abbey Runners	MSEN	26:40	3		
4	2966	Valero	Marcos	Valley Striders AC	MSEN	26:57	4		
5	3013	Evans	Edward	Wharfedale Harriers	MSEN	27:19	5		
6	2918	Grant	Daniel	Valley Striders AC	M35	27:29	1		
7	3133	Hobbs	Edward	Ilkley Harriers	MSEN	27:40	6		
8	2637	Ravenhall	George	North Leeds Fell Runners	MSEN	27:53	7		Y
9	3272	Hardy	Nick	Saltaire Striders	MSEN	27:58	8	Y	Y
10	2141	Humphries	Andrew	Airecentre Pacers	MSEN	28:03	9		
11	2846	Grace	Shane	St Therasas AC	M40	28:04	1		
12	2971	Walker	Jamie	Valley Striders AC	MSEN	28:05	10		
13	2961	Taylor	Gavin	Valley Striders AC	MSEN	28:06	11		
14	3101	Somerville	Gareth	Harrogate Harriers & AC	MSEN	28:07	12		
15	2057	Newbould	Ed	Abbey Runners	MSEN	28:16	13		
16	2161	Dickinson	George	Bradford Airedale AC	MSEN	28:18	14	Y	
17	2897	Middup	Isaac	Vale of York Athletic Community	MSEN	28:18	15		Y
18	2356	Anderson	George	Hyde Park Harriers	MSEN	28:19	16		
19	2970	Vogel	Joost	Valley Striders AC	M35	28:21	2		
20	3015	Holmes	Christian	Wharfedale Harriers	M45	28:22	1		
21	2369	Clayton	Daniel	Hyde Park Harriers	MSEN	28:25	17		
22	2354	Ahmed	Abdu	Hyde Park Harriers	MSEN	28:37	18		
23	3006	Athersmith	Lee	Wharfedale Harriers	M40	28:42	2		
24	2042	Jones	Simon	Abbey Runners	MSEN	28:45	19		
25	3243	Gott	Steven	Ilkley Harriers	M45	28:52	2		
26	2798	Mcconkey	Aaron	Saltaire Striders	MSEN	29:05	20		
27	2463	Vargas	Michael	Hyde Park Harriers	M35	29:08	3		
28	2261	Harmer	Thomas	Drighlington Dynamos Running Club	MSEN	29:12	21		Y
29	2484	McKeown	Daniel	Ilkley Harriers	M40	29:22	3		
30	2039	Jenkins	Liam	Abbey Runners	MSEN	29:23	22		
31	2939	Panesar	Rav	Valley Striders AC	M40	29:30	4		
32	2330	Edmondson	Neal	Horsforth Harriers	M35	29:31	4		
33	2977	Cartwright	Andrew	Wakefield District H & AC	M45	29:32	3		Y
34	2852	Herrington	Richard	St Therasas AC	M40	29:35	5		
35	2219	Mortimer	Charles	Chapel Allerton Runners	M40	29:36	6		
36	2459	Townson	Sam	Hyde Park Harriers	MSEN	29:38	23		
37	2847	Graham	Jamie	St Therasas AC	M45	29:38	4		
38	2742	McLoughlin	John	Roundhay Runners	M40	29:39	7		
39	2969	Venning	Tom	Valley Striders AC	M45	29:40	5		
40	3024	Carter	Dom	York Postal Harriers	MSEN	29:46	24		
41	2744	Moakler	Ben	Roundhay Runners	M40	29:48	8		
42	2271	Bryant	Mark	Harrogate Harriers & AC	M50	29:51	1		
43	2344	Plummer	Barney	Horsforth Harriers	MSEN	29:52	25		
44	3016	Sadler	Ian	Wharfedale Harriers	M35	29:53	5		
45	2205	Holloway	William	Chapel Allerton Runners	MSEN	29:54	26		
46	3009	Charlesworth	Nicholas	Wharfedale Harriers	M55	29:56	1		
47	2901	Weston	Joshua	Vale of York Athletic Community	MSEN	30:01	27		Y
48	2608	Kirk	Adam	Nidd Valley Road Runners	MSEN	30:04	28		
49	3268	Mitchell	Tom	Harrogate Harriers & AC	MSEN	30:08	29		Y
50	2656	Leahy	Ted	Ripon Runners	M45	30:10	6		Y

51	3197	Brown	Andy	Saltaire Striders	M50	30:16	2		
52	2867	Parker	David	St Therasas AC	M55	30:19	2		
53	2935	Morris	James	Valley Striders AC	MSEN	30:22	30		
54	2933	Mann	Gary	Valley Striders AC	M40	30:25	9		
55	2728	Gibbs	Richard	Roundhay Runners	M45	30:30	7		
56	2784	Fillingham	Martin	Saltaire Striders	M50	30:35	3		
57	2169	Anderton	Tom	Chapel Allerton Runners	MSEN	30:37	31		
58	3250	Day	Joshua	North Leeds Fell Runners	MSEN	30:45	32		Y
59	2410	Isaac	Oliver	Hyde Park Harriers	MSEN	30:45	33		
60	2580	Macauley	Craig	Knaresborough Striders	MSEN	30:45	34		
61	2914	Fisher	Daniel	Valley Striders AC	M40	30:48	10		
62	2490	Thompson	Danny	Ilkley Harriers	M40	30:50	11		
63	2601	Fox	Billy	Nidd Valley Road Runners	MSEN	30:50	35		
64	2934	Middlemas	David	Valley Striders AC	M45	30:55	8		
65	2963	Thomas	Tom	Valley Striders AC	MSEN	30:58	36		
66	2652	Harrison	Ian	Ripon Runners	M40	30:58	12		Y
67	2727	Furlong	Ian	Roundhay Runners	M35	30:59	6	Y	
68	2746	Morton	Joseph	Roundhay Runners	M40	31:00	13		
69	2030	Harris	Simon	Abbey Runners	M40	31:02	14		
70	2863	Morrison	Cairn	St Therasas AC	M45	31:04	9		
71	2611	Mills	Craig	Nidd Valley Road Runners	M45	31:06	10		
72	2473	Bysouth	Steven	Ilkley Harriers	M40	31:07	15		
73	2992	Elwell	Paul	Wetherby Runners AC	M45	31:07	11		
74	2179	Chambers	Chris	Chapel Allerton Runners	M35	31:12	7		
75	2825	Shakeshaft	Mark	Skipton AC	MSEN	31:13	37		Y
76	2671	Brown	Paul	Rothwell Harriers & AC	M55	31:14	3		
77	2301	West	Darren	Harrogate Harriers & AC	M60	31:15	1		
78	2229	Rendell	Matthew	Chapel Allerton Runners	MSEN	31:16	38		
79	3206	Smith	Reece	Saltaire Striders	MSEN	31:17	39		
80	2692	Pyznar	Tomasz	Rothwell Harriers & AC	M35	31:18	8		
81	2782	Dunbar	Stuart	Saltaire Striders	M60	31:19	2		
82	2747	Newell	Matt	Roundhay Runners	M40	31:20	16		
83	2942	Pownall	Jonathan	Valley Striders AC	MSEN	31:23	40		
84	3089	Richardson	Gareth	Bradford Airedale AC	MSEN	31:24	41	Y	
85	3246	Yao	Zejun	Leeds University AC & CC Club	M40	31:24	17		
86	3011	Dennis	Paul	Wharfedale Harriers	M40	31:25	18		
87	2665	Lowe	Edward	Rodillian Runners	MSEN	31:27	42		Y
88	2531	Coldwell	Ben	Kirkstall Harriers	MSEN	31:27	43		
89	2707	Anthoney	Iain	Roundhay Runners	MSEN	31:29	44		
90	2195	Green	Joseph	Chapel Allerton Runners	MSEN	31:31	45		
91	2416	Knighton	Richard	Hyde Park Harriers	MSEN	31:33	46		
92	2247	Whitfield	Fraser	Chapel Allerton Runners	MSEN	31:37	47	Y	
93	2962	Thomas	Gwilym	Valley Striders AC	M45	31:39	12		
94	2194	Goodwin	Jacob	Chapel Allerton Runners	MSEN	31:40	48		
95	2877	Baxter	Dave	Tadcaster Harriers	M40	31:44	19		Y
96	2703	Westmoreland	Jason	Rothwell Harriers & AC	M50	31:45	4		
97	2543	Llewellyn	Ryan	Kirkstall Harriers	MSEN	31:46	49		
98	2013	Brienen	Stef	Abbey Runners	MSEN	31:47	50		
99	3126	Marquina	Daniel	Hyde Park Harriers	M35	31:49	9		
100	2849	Grinnell	Andrew	St Therasas AC	M45	31:49	13		
101	2629	Townend	Darren	Nidd Valley Road Runners	M45	31:51	14		
102	2441	Riley	Rob	Hyde Park Harriers	MSEN	31:53	51		
103	2695	Rickerby	Dylan	Rothwell Harriers & AC	M45	31:55	15		

104	3258	Parkins	Paul	Saltaire Striders	M40	31:56	20		
105	2669	Barker	Lee	Rothwell Harriers & AC	M50	31:57	5		
106	3205	Singh	John	Saltaire Striders	M40	32:03	21		
107	2896	Martin	Ian	Vale of York Athletic Community	M55	32:04	4		Y
108	2552	O'brien	Alan	Kirkstall Harriers	M35	32:09	10		
109	2434	Pratt	John	Hyde Park Harriers	M40	32:10	22		
110	3236	Critchley	Martin	Horsforth Harriers	M45	32:11	16		
111	2371	Coffey	Danny	Hyde Park Harriers	M40	32:11	23		
112	2986	Davey	Richard	Wetherby Runners AC	M50	32:12	6		
113	2351	Withers	Robert	Horsforth Harriers	MSEN	32:16	52		
114	3087	Macfarlane	Jack	Airecentre Pacers	MSEN	32:16	53		
115	2069	Rand	James	Abbey Runners	M35	32:17	11		
116	2639	Richards	Oliver	Otley AC	M40	32:18	24		Y
117	3025	Carter	Jim	York Postal Harriers	M45	32:18	17		
118	2395	Garratt	Richard	Hyde Park Harriers	M45	32:21	18		
119	2539	Hipkiss	Jack	Kirkstall Harriers	MSEN	32:25	54		
120	3051	Corker	Harry	York Triathlon Club	MSEN	32:31	55		
121	2078	Scholefield	Phillip	Abbey Runners	MSEN	32:32	56		
122	2773	Yates	Jonny	Roundhay Runners	M40	32:37	25		
123	2153	Walker	Richard	Airecentre Pacers	M45	32:38	19		
124	3005	Akers	Rohan	Wharfedale Harriers	M45	32:39	20		
125	2385	Elmes	Joseph	Hyde Park Harriers	MSEN	32:40	57		
126	2628	Todd	Andy	Nidd Valley Road Runners	M55	32:40	5		
127	2380	Dow	Will	Hyde Park Harriers	MSEN	32:41	58		
128	2185	Dearden	Mike	Chapel Allerton Runners	M40	32:44	26		
129	2405	Harwood	Rick	Hyde Park Harriers	M50	32:48	7	Y	
130	2477	Hamilton	Forrest	Ilkley Harriers	MSEN	32:50	59		
131	2486	Richardson	Simon	Ilkley Harriers	M45	32:51	21		
132	2641	Martin	Laurence	Pudsey & Bramley AC	M40	32:52	27		
133	3128	Rhodes	Steve	Hyde Park Harriers	M55	32:53	6		
134	2860	Maudsley	Ian	St Therasas AC	M40	32:55	28		
135	2940	Parkinson	Andy	Valley Striders AC	MSEN	32:57	60		
136	2287	Midwood	Tom	Harrogate Harriers & AC	MSEN	32:57	61		
137	2769	Walker	Bobak	Roundhay Runners	M40	33:00	29		
138	2752	Powell	Ed	Roundhay Runners	M40	33:02	30		
139	2564	Brock	Martin	Knaresborough Striders	M40	33:02	31		
140	2216	Lister	Mike	Chapel Allerton Runners	M35	33:04	12		
141	2165	Teggart	David	Bradford Airedale AC	M45	33:06	22		
142	2609	Lofthouse	Martin	Nidd Valley Road Runners	M55	33:07	7		
143	2113	Lines	Charles	Ackworth Road Runners	M60	33:09	3		
144	3161	Starkey	Daniel	North Leeds Fell Runners	M35	33:10	13		Y
145	2283	Howard	Ashley	Harrogate Harriers & AC	MSEN	33:11	62		
146	3038	Middleton	Simon	York Postal Harriers	M45	33:12	23		
147	2296	Shacklock	Ben	Harrogate Harriers & AC	M40	33:16	32		
148	2447	Shakhlevich	Nick	Hyde Park Harriers	M35	33:18	14		
149	2616	Newbould	Steve	Nidd Valley Road Runners	M45	33:21	24		
150	3182	Carvello	James	Roundhay Runners	M40	33:22	33		
151	3120	Fromyr	Jon	Hyde Park Harriers	M40	33:23	34		
152	2080	Sharpe	Matthew	Abbey Runners	MSEN	33:28	63		
153	3269	Raynes	Michael	City of York AC	M45	33:28	25		Y
154	3091	Tinker-Ives	Edwyn	Denby Dale AC	M45	33:30	26		Y
155	2050	Mcguire	David	Abbey Runners	M50	33:34	8		
156	3103	Strutt	James	Harrogate Harriers & AC	M45	33:34	27		

157	2487	Ryder	Jim	Ilkley Harriers	M55	33:38	8		
158	2444	Rose	Jack	Hyde Park Harriers	MSEN	33:39	64		
159	2265	Adams	Hayden	Harrogate Harriers & AC	M35	33:39	15		
160	3242	Gerrish	Adam	Ilkley Harriers	MSEN	33:41	65		
161	2249	Wilshaw	Stacy-Pau	Chapel Allerton Runners	M40	33:43	35		
162	2047	Lillford	Stephen	Abbey Runners	M40	33:45	36		
163	2400	Hadfield	Sam	Hyde Park Harriers	MSEN	33:45	66		
164	3073	O'boyle	Stephen	Abbey Runners	M45	33:48	28		
165	2348	Tuck	Rob	Horsforth Harriers	M55	33:51	9		
166	2644	Simenton	Ben	Pudsey & Bramley AC	MSEN	33:52	67		
167	2114	Lockett	Sam	Ackworth Road Runners	MSEN	33:52	68		
168	2276	Entwistle	Iain	Harrogate Harriers & AC	M45	33:54	29		
169	2548	Moger	Adam	Kirkstall Harriers	M45	33:56	30		
170	2913	Dix	Matt	Valley Striders AC	M35	33:58	16		
171	2697	Senior	Ben	Rothwell Harriers & AC	M45	33:59	31		
172	2544	Longmate	Kevin	Kirkstall Harriers	M35	34:07	17		
173	2135	Fulton	Aron	Airecentre Pacers	M35	34:08	18		
174	3198	Dell'amico	Loris	Saltaire Striders	M45	34:09	32		
175	3196	Wilkinson	Chris	Roundhay Runners	MSEN	34:12	69		
176	3225	Partridge	Simon	York Postal Harriers	M45	34:15	33		
177	2675	Evans	Michael	Rothwell Harriers & AC	M40	34:18	37		
178	2452	Spain	Jonathan	Hyde Park Harriers	MSEN	34:19	70		
179	2428	Moore	Jed	Hyde Park Harriers	MSEN	34:19	71		
180	2741	Macdonald	Matthew	Roundhay Runners	MSEN	34:22	72		
181	2598	Dalton	Kevin	Nidd Valley Road Runners	M35	34:23	19		
182	2947	Sanderson	Ian	Valley Striders AC	M50	34:25	9		
183	2460	Tranter	Colin	Hyde Park Harriers	M40	34:26	38		
184	2711	Bartlett	Gary	Roundhay Runners	M45	34:27	34		
185	2585	Shaw	Mathew	Knaresborough Striders	MSEN	34:29	73		
186	3040	Pearson	Marc	York Postal Harriers	M40	34:32	39		
187	2076	Rogerson	Tom	Abbey Runners	M40	34:36	40		
188	2180	Chubb	Daniel	Chapel Allerton Runners	M40	34:37	41		
189	2551	Nodwell	Adam	Kirkstall Harriers	M35	34:38	20	Y	
190	3199	Frazer	Simon	Saltaire Striders	M45	34:39	35		
191	2512	Hill	Andy	Kippax & District Harriers	M50	34:40	10		
192	2712	Blakeley	Matthew	Roundhay Runners	M50	34:41	11		
193	3264	Armstrong	Glenn	Tadcaster Harriers	M50	34:43	12		Y
194	2298	Stockburn	Paul	Harrogate Harriers & AC	M60	34:43	4		
195	2696	Rickerby	Torin	Rothwell Harriers & AC	MSEN	34:44	74		
196	2268	Atkinson	Dan	Harrogate Harriers & AC	M45	34:44	36		
197	2642	Murray	Lewis	Pudsey & Bramley AC	MSEN	34:46	75		
198	3028	Davis	Alex	York Postal Harriers	MSEN	34:47	76		
199	2865	Nichol	Stewart	St Therasas AC	M40	34:55	42		
200	2456	Taylor	Lee	Hyde Park Harriers	M45	34:56	37		
201	2681	Heselden	Jamie	Rothwell Harriers & AC	M45	34:56	38		
202	3216	Jesson	James	Wetherby Runners AC	M45	34:56	39		
203	2055	Mullen	David	Abbey Runners	M60	34:58	5		
204	2488	Singleton	David	Ilkley Harriers	M45	35:01	40		
205	2999	Linstrum	Nils	Wetherby Runners AC	M35	35:02	21	Y	
206	2343	Perkinson	Andrew	Horsforth Harriers	M45	35:04	41		
207	2633	Wilkinson	Matthew	Nidd Valley Road Runners	M35	35:06	22		
208	2607	Iddon	Andrew	Nidd Valley Road Runners	M35	35:08	23		
209	2061	O'donnell	Ged	Abbey Runners	M40	35:11	43		

210	2492	Wilson	Philip	Ilkley Harriers	M45	35:11	42		
211	2093	Wray-Rogers	Luke	Abbey Runners	M45	35:13	43		
212	2138	Haynes	Richard	Airecentre Pacers	M35	35:14	24		
213	2990	Edmondson	Iain	Wetherby Runners AC	M50	35:15	13		
214	3169	Wood	Paul	Rodillian Runners	M50	35:18	14		Y
215	2993	Fennah	Alex	Wetherby Runners AC	MSEN	35:18	77		
216	2829	Albrecht	Jason	St Therasas AC	M40	35:22	44		
217	2445	Ryan	Jamie	Hyde Park Harriers	MSEN	35:22	78		
218	3181	Burton	Phil	Roundhay Runners	M55	35:23	10		
219	2340	Mcfadden	Colin	Horsforth Harriers	M55	35:25	11		
220	3079	Aubrey	Ryan	Ackworth Road Runners	M35	35:27	25		
221	3154	Scaife	Nigel	Nidd Valley Road Runners	M50	35:29	15		
222	2156	Blake	Simon	Bingley Harriers & AC	M40	35:38	45		Y
223	2009	Barrick	David	Abbey Runners	M35	35:39	26		
224	3135	Williams	Colin	Ilkley Harriers	M55	35:40	12		
225	2893	Hindmarch	Matt	Vale of York Athletic Community	M40	35:41	46		Y
226	3048	Burrows	Dave	York Triathlon Club	M35	35:42	27		
227	2572	Evison	Paul	Knaresborough Striders	M40	35:43	47		
228	2427	Milligan	Paul	Hyde Park Harriers	M40	35:44	48		
229	3155	Shaw	Marcus	Nidd Valley Road Runners	M45	35:45	44		
230	2209	Isherwood	David	Chapel Allerton Runners	M45	35:47	45		
231	2887	Netherway	John	Tadcaster Harriers	M45	35:50	46		Y
232	2583	Rockall	James	Knaresborough Striders	M40	35:52	49		
233	2833	Bould	Rich	St Therasas AC	M35	35:53	28		
234	2064	Palicio	Luis	Abbey Runners	M35	35:54	29		
235	2518	Lay	Richard	Kippax & District Harriers	M45	35:56	47		
236	2285	Jordan	Mark	Harrogate Harriers & AC	M65	35:58	1		
237	3263	Mellor	David	St Therasas AC	M50	35:58	16		
238	2023	Engel-Clarke	Tom	Abbey Runners	MSEN	36:02	79		
239	3190	Kennedy	Alex	Roundhay Runners	MSEN	36:02	80		
240	2157	Coulton	Andrew	Bingley Harriers & AC	M45	36:05	48		Y
241	2353	Adkins	Tobias	Hyde Park Harriers	MSEN	36:06	81		
242	3212	Parton	Adam	Valley Striders AC	M50	36:10	17		
243	2838	Ebrey	Paul	St Therasas AC	M50	36:12	18		
244	3061	Laughton	Mark	York Triathlon Club	M55	36:16	13		
245	2890	Bennett	Paul	Vale of York Athletic Community	M40	36:19	50		Y
246	3185	Gardner	Rory	Roundhay Runners	MSEN	36:21	82		
247	3020	Wills	Robert	Wharfedale Harriers	M45	36:25	49		
248	2238	Shepherd	Stuart	Chapel Allerton Runners	M40	36:27	51		
249	2502	Davy	Alan	Kippax & District Harriers	M40	36:31	52		
250	2469	Worthington	Steve	Hyde Park Harriers	MSEN	36:32	83		
251	3032	Heather	Andrew	York Postal Harriers	M50	36:36	19		
252	2016	Chester	Thomas	Abbey Runners	MSEN	36:39	84		
253	2824	Humphreys	Roger	Skipton AC	M60	36:39	6		Y
254	3252	Davies	Jonny	Rothwell Harriers & AC	M35	36:42	30		
255	2407	Hindson	Adam	Hyde Park Harriers	M50	36:46	20		
256	2567	Cornforth	Philip	Knaresborough Striders	M50	36:50	21		
257	2472	Budding	Robert	Ilkley Harriers	M55	36:55	14		
258	2404	Hartley	Ben	Hyde Park Harriers	M45	37:01	50		
259	3204	Rix	Jeremy	Saltaire Striders	M60	37:05	7		
260	2390	Fells	Alex	Hyde Park Harriers	MSEN	37:05	85		
261	2007	Ashworth	Richard	Abbey Runners	M45	37:05	51		
262	2166	Veevers	Luke	Bradford Airedale AC	M45	37:05	52		

263	2566	Collins	Matt	Knaresborough Striders	M35	37:06	31		
264	3145	Easton	Jonathan	Nidd Valley Road Runners	M40	37:07	53		
265	2432	Payne	Nick	Hyde Park Harriers	M35	37:08	32		
266	3229	Baxter	Matthew	Abbey Runners	MSEN	37:17	86		
267	2617	Nicholas	Kevin	Nidd Valley Road Runners	M55	37:19	15		
268	2433	Ponsoda	Vicente	Hyde Park Harriers	MSEN	37:20	87		
269	3275	Haggerty	Randolph	Kirkstall Harriers	M55	37:21	16		Y
270	3251	Crossland	Mark	Ripon Runners	M50	37:24	22		Y
271	2121	Robinson	Michael	Ackworth Road Runners	M35	37:25	33		
272	2857	Jones	Richard	St Therasas AC	M40	37:28	54	Y	
273	3261	Meaney	Kevin	Snaith & Cowick Running Club	M35	37:30	34		Y
274	2812	Spencer	Tim	Saltaire Striders	M65	37:31	2		
275	2898	Middup	Steve	Vale of York Athletic Community	M60	37:32	8		Y
276	2883	Ellerby	Gary	Tadcaster Harriers	M45	37:34	53		Y
277	2536	Glover	Christopher	Kirkstall Harriers	M60	37:37	9		
278	2645	Brazier	Paul	Ripon Runners	M55	37:38	17		Y
279	2734	Hodge	Tony	Roundhay Runners	M50	37:39	23		
280	2793	Hudson	John	Saltaire Striders	MSEN	37:47	88		
281	2335	Freeman	Paul	Horsforth Harriers	M55	37:48	18		
282	2011	Bastin	Tony	Abbey Runners	M55	37:54	19		
283	2140	Hoos	Craig	Airecentre Pacers	M50	38:00	24	Y	
284	2308	Metcalfe	Kevin	Harrogate Tri Club	M50	38:00	25		
285	3260	Gabb	Rhys	Snaith & Cowick Running Club	MSEN	38:01	89		Y
286	2941	Pawley	Graham	Valley Striders AC	M55	38:02	20		
287	2570	Dobinson	Derek	Knaresborough Striders	M45	38:03	54		
288	2507	Emery	Jonathan	Kippax & District Harriers	M40	38:03	55		
289	2306	Dunn	Paul	Harrogate Tri Club	M35	38:07	35		
290	2853	Hick	Matthew	St Therasas AC	M40	38:07	56		
291	2028	Greene	Paul	Abbey Runners	M60	38:08	10		
292	2446	Sawyer	Paul	Hyde Park Harriers	M35	38:09	36		
293	2816	Tryc	Pawel	Saltaire Striders	M40	38:10	57	Y	
294	2236	Sellman	Richard	Chapel Allerton Runners	M40	38:13	58	Y	
295	3049	Casas	Jaime	York Triathlon Club	M40	38:16	59		
296	2212	Kendell	John	Chapel Allerton Runners	M45	38:21	55		
297	2674	Duckering	Josh	Rothwell Harriers & AC	MSEN	38:22	90		
298	2926	Jackson	Jon	Valley Striders AC	M50	38:22	26		
299	3162	Hobbs	Jonathan	Otley AC	M50	38:37	27		Y
300	2367	Carpenter	Jonathan	Hyde Park Harriers	M50	38:40	28		
301	3125	Lawson	Gregor	Hyde Park Harriers	MSEN	38:41	91		
302	2160	Colley	Ashley	Bradford Airedale AC	MSEN	38:41	92		
303	2425	Miles	Graeme	Hyde Park Harriers	M35	38:43	37		
304	2291	Pennock	Richard	Harrogate Harriers & AC	M50	38:44	29		
305	2595	Cocker	Simon	Nidd Valley Road Runners	M55	38:45	21		
306	2443	Roberts	Daniel	Hyde Park Harriers	MSEN	38:46	93		
307	3068	Steel	Phil	York Triathlon Club	M45	38:47	56		
308	2329	Eagle	Jonathan	Horsforth Harriers	M60	38:47	11		
309	2052	Morimoto	Kazuki	Abbey Runners	M50	38:48	30		
310	2789	Hetherington	Stephen	Saltaire Striders	M60	38:49	12	Y	
311	2638	Gumbrell	Lee	Otley AC	MSEN	38:53	94		Y
312	2418	Lawley	Joe	Hyde Park Harriers	MSEN	38:55	95		
313	3022	Butler	Jamie	York Postal Harriers	M45	38:57	57		
314	2528	Allen	Lloyd	Kirkstall Harriers	M50	38:57	31		
315	2152	Turner	Graham	Airecentre Pacers	M45	38:59	58		

316	2258	Porter	Craig	Dragons Running Club (Leeds)	M50	39:01	32		
317	2489	Snow	Matthew	Ilkley Harriers	M45	39:05	59		
318	2581	Marshall	Guy	Knaresborough Striders	M55	39:06	22		
319	2748	O'hara	Colm	Roundhay Runners	M50	39:11	33		
320	2419	Laycock	Danny	Hyde Park Harriers	MSEN	39:19	96		
321	3256	Kapote	Subi	Roundhay Runners	M45	39:20	60		
322	3044	Whitby	Mark	York Postal Harriers	M55	39:22	23		
323	2772	Weight	Dave	Roundhay Runners	M55	39:22	24		
324	2510	Hammond	Paul	Kippax & District Harriers	M60	39:25	13		
325	2210	Jewitt	Fred	Chapel Allerton Runners	MSEN	39:27	97		
326	2909	Brewster	Keith	Valley Striders AC	M65	39:30	3		
327	2193	Gibson	Paul	Chapel Allerton Runners	M60	39:35	14		
328	2861	Morley	David	St Therasas AC	M65	39:38	4		
329	2331	Ehrlich	Alexander	Horsforth Harriers	M40	39:41	60		
330	2770	Walker	John	Roundhay Runners	M60	39:41	15		
331	2332	Evans	Matthew	Horsforth Harriers	M40	39:45	61		
332	3063	Morrey	David	York Triathlon Club	MSEN	39:55	98		
333	2577	Harrop	Andrew	Knaresborough Striders	M55	39:59	25		
334	2244	Waddington	Thomas	Chapel Allerton Runners	MSEN	39:59	99		
335	2117	Mckinney	Charles	Ackworth Road Runners	M45	39:59	61		
336	2716	Cobb	Chris	Roundhay Runners	M35	40:00	38		
337	2869	Rayner	Iain	St Therasas AC	M45	40:01	62		
338	3104	Woollven	Steve	Harrogate Harriers & AC	M50	40:04	34		
339	2836	Craven	Adrian	St Therasas AC	M50	40:06	35	Y	
340	3157	Shimwell	Michael	Nidd Valley Road Runners	M55	40:07	26		
341	2843	Gibson	Paul	St Therasas AC	M45	40:08	63		
342	2123	Smith	Andrew	Ackworth Road Runners	M45	40:18	64		
343	3271	Huggins	Roy	Valley Striders AC	M60	40:20	16		Y
344	2437	Ramsden	Paul	Hyde Park Harriers	M45	40:23	65		
345	2597	Crebbin	Nick	Nidd Valley Road Runners	M50	40:27	36		
346	3084	Walker	Will	Ackworth Road Runners	M40	40:31	62		
347	2008	Balkwill	James	Abbey Runners	M50	40:35	37		
348	2647	Brookes	Matt	Ripon Runners	M45	40:42	66		Y
349	2183	Cuthbertson	Nic	Chapel Allerton Runners	M60	40:43	17		
350	2187	Eldred	John	Chapel Allerton Runners	M60	40:43	18		
351	2688	Livesey	Phil	Rothwell Harriers & AC	MSEN	40:54	100		
352	2643	Shamim	Salman	Pudsey & Bramley AC	M45	40:54	67		
353	3075	Richards	Jon	Abbey Runners	M45	40:55	68		
354	3058	Jones	Carl	York Triathlon Club	M35	40:55	39		
355	3082	Horobin	Darren	Ackworth Road Runners	M45	41:00	69		
356	2224	Parr	Ed	Chapel Allerton Runners	M35	41:02	40		
357	2884	Gatrell	Richard	Tadcaster Harriers	M45	41:04	70		Y
358	2574	Forman	Nik	Knaresborough Striders	M60	41:05	19		
359	2300	Walker	Mark	Harrogate Harriers & AC	M55	41:05	27		
360	2955	Slater	James	Valley Striders AC	M50	41:12	38		
361	2256	Harrison	Robert	Dragons Running Club (Leeds)	M50	41:16	39		
362	2556	Savage	Martin	Kirkstall Harriers	M45	41:18	71		
363	3072	Kent	Craig	Abbey Runners	MSEN	41:20	101		
364	2835	Cooper	Richard	St Therasas AC	M40	41:26	63		
365	2698	Shaw	Brian	Rothwell Harriers & AC	M55	41:27	28		
366	2063	Owens	Sam	Abbey Runners	MSEN	41:30	102		
367	3180	Burke	Joseph	Roundhay Runners	MSEN	41:32	103		
368	2352	Womersley	David	Horsforth Harriers	M70	41:33	1		

369	3088	Priestley	Phil	Airecentre Pacers	M50	41:35	40		
370	2978	Bell	Richard	Wetherby Runners AC	M55	41:36	29		
371	3146	Fugill	Sam	Nidd Valley Road Runners	M35	41:38	41		
372	2318	Leach	Scott	Horsforth Fellandale	M45	41:44	72		
373	2710	Bamber	Tom	Roundhay Runners	M35	41:50	42		
374	2672	Bywater	Andy	Rothwell Harriers & AC	M40	41:54	64		
375	3143	Wilson	Rod	Knaresborough Striders	M45	41:57	73		
376	2738	Jones	Justin	Roundhay Runners	M45	42:01	74		
377	2765	Turner	Jonathan	Roundhay Runners	M50	42:02	41		
378	2373	Collinson	James	Hyde Park Harriers	MSEN	42:05	104		
379	3211	Hutchinson	Alan	Valley Striders AC	M65	42:08	5		
380	2702	Ward	Roger	Rothwell Harriers & AC	M60	42:11	20		
381	2780	D'arcy	Graham	Saltaire Striders	M55	42:12	30		
382	2806	Pine	Andrew	Saltaire Striders	M45	42:12	75		
383	2817	Verity	Jack	Saltaire Striders	M60	42:21	21		
384	2714	Blakeman	Neil	Roundhay Runners	M60	42:28	22		
385	2899	Pratt	Stephen	Vale of York Athletic Community	M45	42:33	76		Y
386	3239	Jones	Chris	Hyde Park Harriers	M65	42:37	6		
387	2718	Coimbra	Joao	Roundhay Runners	MSEN	42:40	105		
388	2582	Noble	Pete	Knaresborough Striders	M45	42:45	77		
389	2366	Butler	Robert	Hyde Park Harriers	M40	42:50	65		
390	2482	Leijssen	Roar	Ilkley Harriers	M45	43:05	78		
391	2620	Robinson	Phil	Nidd Valley Road Runners	M60	43:08	23		
392	3151	Northfield	Rob	Nidd Valley Road Runners	M65	43:19	7		
393	2831	Beckwith	Richard	St Therasas AC	M55	43:20	31		
394	3138	Messenger	John	Kippax & District Harriers	M75	43:28	1		
395	2915	Fox	Ken	Valley Striders AC	M60	43:29	24		
396	2569	Deighton	Andy	Knaresborough Striders	M50	43:32	42		
397	2699	Thorpe	Stuart	Rothwell Harriers & AC	M50	43:37	43		
398	2826	Allitt	Mark	Snaith & Cowick Running Club	M60	43:49	25		Y
399	3156	Shekar	Chandra	Nidd Valley Road Runners	M45	43:53	79		
400	2982	Callaghan	Peter	Wetherby Runners AC	M60	43:55	26		
401	2088	Ward	John	Abbey Runners	M70	44:01	2		
402	2384	Edwards	Richard	Hyde Park Harriers	M45	44:04	80		
403	2560	Taylor	Ian	Kirkstall Harriers	M50	44:11	44		
404	2163	Foster	Stephen	Bradford Airedale AC	M55	44:15	32		
405	3150	Morris	Christopher	Nidd Valley Road Runners	M50	44:18	45		
406	2964	Tinker	Mick	Valley Striders AC	M65	44:25	8		
407	3116	Yeadon	Michael	Horsforth Harriers	M65	44:28	9		
408	2973	White	Paul	Valley Striders AC	M75	44:31	2		
409	2022	Ellis	Adam	Abbey Runners	M45	44:36	81		
410	3142	Taylor	Malcolm	Kirkstall Harriers	MSEN	44:37	106		
411	2881	Cooke	John	Tadcaster Harriers	M65	44:39	10		Y
412	2313	Gebbett	Martin	Horsforth Fellandale	M60	44:41	27		
413	2137	Grindley	Paul	Airecentre Pacers	M55	44:42	33		
414	2657	Purll	Andy	Ripon Runners	M50	44:46	46		Y
415	2587	Taylor	Mark	Knaresborough Striders	M55	44:48	34		
416	2413	Jeffs	Nathan	Hyde Park Harriers	MSEN	44:49	107		
417	2822	Bell	Nick	Savvy Park Runrz	M60	44:52	28		Y
418	2717	Coghlan	Robin	Roundhay Runners	M55	45:04	35		
419	2429	Newell	Jason	Hyde Park Harriers	M50	45:09	47		
420	2491	Travis	Alan	Ilkley Harriers	M45	45:09	82	Y	
421	2541	Hutchinson	John	Kirkstall Harriers	M75	45:12	3		

422	3223	Ellwood	Andy	York Postal Harriers	M55	45:31	36		
423	2786	Griffiths	Alun	Saltaire Striders	M65	45:34	11		
424	2880	Carter	James	Tadcaster Harriers	M50	45:36	48		Y
425	2461	Underwood	James	Hyde Park Harriers	MSEN	45:39	108		
426	2263	Jenkins	Daniel	Eccleshill Road Runners	M45	45:41	83		
427	2814	Storey	Ian	Saltaire Striders	M45	45:43	84		
428	2810	Sheard	Neil	Saltaire Striders	M35	45:48	43		
429	3127	Pullan	Richard	Hyde Park Harriers	M60	45:49	29		
430	2783	Elliott	Craig	Saltaire Striders	M45	46:03	85		
431	2342	Park	Keith	Horsforth Harriers	M65	46:06	12		
432	2622	Seaman	Dave	Nidd Valley Road Runners	M75	46:10	4		
433	2916	Furby	Mike	Valley Striders AC	M50	46:24	49		
434	2676	Gregory	Mark	Rothwell Harriers & AC	M60	46:28	30	Y	
435	2020	Craven	Paul	Abbey Runners	M55	46:31	37		
436	3060	Kuendiger	Jan	York Triathlon Club	M40	46:35	66		
437	3130	Tasker	Richard	Hyde Park Harriers	M35	46:41	44		
438	2319	Metcalfe	Daniel	Horsforth Fellandale	M40	46:42	67		
439	2012	Blinston	Peter	Abbey Runners	M55	46:46	38		
440	2321	Prendergast	Carl	Horsforth Fellandale	M75	47:11	5		
441	2054	Moxon	James	Abbey Runners	M60	47:15	31		
442	3118	Clarkin	Oliver	Hyde Park Harriers	MSEN	47:25	109		
443	2799	Mistry	Mohanlal	Saltaire Striders	M60	47:27	32		
444	2272	Chadwick	Phillip	Harrogate Harriers & AC	M45	47:35	86		
445	2842	Gall	Stuart	St Therasas AC	M40	47:42	68	Y	
446	2134	Coupe	Andrew	Airecentre Pacers	M35	47:45	45		
447	2362	Brown	Stephen	Hyde Park Harriers	M55	47:59	39		
448	2041	Jones	Martin	Abbey Runners	M45	48:02	87		
449	3117	Blatherwick	John	Hyde Park Harriers	M35	48:04	46		
450	2673	Bywater	Chris	Rothwell Harriers & AC	M70	48:07	3		
451	2307	Head	Mark	Harrogate Tri Club	M60	48:19	33		
452	2807	Saldanha	Norman	Saltaire Striders	M65	48:20	13		
453	2164	Midgley	Mathew	Bradford Airedale AC	MSEN	48:20	110		
454	3096	Sutton	Robert	Eccleshill Road Runners	M55	48:29	40		
455	3100	Simmons	Dan	Harrogate Harriers & AC	M60	48:31	34		
456	3186	Hall	Giles	Roundhay Runners	M55	48:33	41		
457	2494	Britton	Jason	Kippax & District Harriers	M50	49:15	50		
458	3018	Thompson	Geoff	Wharfedale Harriers	M60	49:45	35		
459	2950	Sedgley	Neil	Valley Striders AC	M55	49:56	42		
460	2624	Smith	Nick	Nidd Valley Road Runners	M60	50:27	36		
461	2252	Paver	David	City of York AC	M65	50:54	14		Y
462	2350	Watson	Kevin	Horsforth Harriers	M75	51:00	6		
463	2753	Rayner	Ian	Roundhay Runners	M60	51:22	37		
464	2260	Reyes	Manuel	Dragons Running Club (Leeds)	M45	51:25	88		
465	2068	Rahman	Mohammed	Abbey Runners	M40	51:41	69		
466	2127	Taylor	Christopher	Ackworth Road Runners	M70	51:43	4		
467	2538	Hey	Peter	Kirkstall Harriers	M70	51:50	5		
468	3094	Perfitt	Brian	Eccleshill Road Runners	M50	52:07	51		
469	3149	Montana	Marcos	Nidd Valley Road Runners	MSEN	52:13	111		
470	3276	Bozza	de	Leeds Bradford Triathlon	M55	52:28	43		Y
471	2523	Sutton	Mark	Kippax & District Harriers	MSEN	54:07	112		
472	3179	Burke	Kieran	Roundhay Runners	MSEN	55:36	113		
473	2401	Hammond	Phil	Hyde Park Harriers	M60	55:58	38		
474	2017	Clark	Connor	Abbey Runners	MSEN	56:12	114		

475	2685	Hillarby	Richard	Rothwell Harriers & AC	M65	56:31	15		
476	2606	Hyde	Graham	Nidd Valley Road Runners	M45	56:43	89		
477	2436	Prust	Stephen	Hyde Park Harriers	M60	58:31	39		
478	2550	Nesden	Patrick	Kirkstall Harriers	M70	1:10:49	6		